

Whole Body Cryotherapy - Client Information

We want your experience to be absolutely safe at all times. Please take a moment to review the information below. If you have any questions or are unsure about any parts please discuss them with our team prior to using the device.

THE TERMS AND CONDITIONS FOR USE OF THE CRYO ARCTIC DEVICE

1. Before using the **Cryo Arctic** device, it is essential to read the "Information for Users" appended to these Terms and Conditions, and to complete the "Informed Consent Form" appended to these Terms and Conditions.
2. The Cryo Arctic device may be used only by persons with no contraindications to the use of systemic cryotherapy specified in detail in the "Information for Users."
3. An Employee of Coyne Medical Ltd is obliged to provide reliable information about the course of the procedure and the risks and complications that may occur during and after the procedure. The employee will ensure the client has reviewed the essential information document, information for users and completed the informed consent form.
4. Before starting the procedure, all jewelry (watch, earrings, rings, bracelets, straps, etc.) must be removed.
5. On the day on which the use of the Cryo Arctic device is to take place, no alcohol or any other psychoactive substances can be consumed.
6. On the day when the Cryo Arctic device is to be used, no creams, lotions or any other oily substances can be used.
7. At the time of commencement of the procedure, the patient's skin should be dry and any moisture on the body should be absolutely removed with a towel.
8. It is unacceptable to enter the Cryo Arctic device without the consent and supervision of an employee of Coyne Medical Ltd.
9. During your stay in the Cryo Arctic device, you should march in place, making calm movements. You must not run, sit, squat, crouch, or lie on the floor. The treatment is safe only if the tester remains standing for the entire duration of the procedure.
10. While in the Cryo Arctic, it is absolutely forbidden to rub or pat the body, wipe the eyes, or touch the walls of the treatment cabin, because such activities may lead to frostbites of individual parts of the body.
11. It is absolutely forbidden to insert any moving elements (foreign bodies) into the lower and upper air channel of the Cryo Arctic device.
12. It is absolutely forbidden to place upper limbs or any other parts of the body in the lower and upper air channel of the Cryo Arctic device.
13. It is absolutely forbidden to hold hands on the edge of the laminate of the Cryo Arctic's chamber when the door is being closed.
14. During the procedure it is absolutely forbidden to put the upper limbs, head and any other body parts over the upper edge of the glass of the Cryo Arctic's chamber.
15. It is absolutely forbidden to place any objects on the upper edge of the moving glass during the operation of the chamber of the Cryo Arctic device.
16. During the procedure breathe calmly, but it is absolutely forbidden to remove the protective mask.
17. Do not lean against the walls of the treatment cabin of the Cryo Arctic device.
18. It is absolutely necessary to follow the instructions of the Coyne Medical Ltd employee.
19. Any deterioration of mood or unnatural reactions of your body (dyspnoea, excessive trembling, temporary loss of consciousness, etc.) should be immediately reported to an employee of Coyne Medical Ltd and the user must leave the Cryo Arctic device as soon as possible. The user may leave the Cryo Arctic device at any time by pushing open the door. The door has no locks and may be opened at any time. The user will also be in constant visual contact with an employee of Coyne Medical Ltd, they may use the thumbs down signal at any time in order to ask for the door to be opened for them.
20. It is absolutely forbidden to stay in the Cryo Arctic device without the supervision of an employee of Coyne Medical Ltd.
21. An employee of Coyne Medical Ltd should be in constant visual contact with the user of the Cryo Arctic device. In case of noticing any unnatural behavior, it is essential to stop the treatment immediately and to get the user out of the Cryo Arctic as soon as possible.

22. On the inside of the Cryo Arctic device, there is a speaker with playing music. A Coyne Medical Ltd employee asks or may ask about the feelings: if everything is in order, the tester lifts his thumb up; otherwise the tester directs his thumb down. For conversation, there is a microphone mounted on the laminate of the device, located next to the main screen, and it is used to give commands to the user.
23. The procedure lasts no longer than 180 seconds and it is absolutely forbidden to stay in the Cryo Arctic device for more than a prescribed period of time.

INFORMATION FOR USERS

The manufacturer of the equipment, Cryo Science Sp. z o.o., has made every effort to ensure that the Cryo Arctic device does not pose a risk to the health and life of users' or third parties.

Notwithstanding the foregoing, Cryo Science Sp. z o.o. informs you that using the devices may involve hazards in the form of:

- ☐ frostbites on poorly supplied with blood skin surfaces, especially if the skin surface is not adequately covered by outer clothing or dried,
- ☐ hyperventilation, especially when extremely cold air enters the lungs, due to the non-use or faulty use of a respiratory protective mask and/or too rapid breathing,
- ☐ Increased blood pressure, dizziness, fainting.

The Cryo Arctic device may not be used by persons over 70 years of age, as well as persons who suffer from emotional dysregulation resulting in excessive perspiration of the skin. It is absolutely forbidden for pregnant women to use the devices.

In addition, the Cryo Science devices may not be used by anyone diagnosed with, or who has experienced or suspects the following conditions:

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| <ul style="list-style-type: none"> ☐ Past or present thrombosis or embolism, ☐ Hypertension or hypotension, ☐ Cryoglobulinemia, ☐ Cryofibrinogenemia, ☐ Raynaud disease, ☐ Cold urticaria, ☐ Necrotic lesions of the skin, ☐ X-linked agammaglobulinemia, ☐ Central nervous system diseases, ☐ Neuropathies of the sympathetic system, ☐ Hypothyroidism, ☐ Anaemia, ☐ Alcoholism or addiction to any psychoactive substance, ☐ Cachexia, ☐ Claustrophobia, | <ul style="list-style-type: none"> ☐ Inflammatory skin diseases, ☐ Active cancer, ☐ Advanced cardiac insufficiency, ☐ Cold intolerance, ☐ Skin damage, ☐ Segmental blood circulation disorders, occlusive diseases of peripheral vessels, ☐ Skin lesions, ☐ Skin cachexia and hypothermia, ☐ Advanced atherosclerosis, ☐ Acute febrile respiratory diseases, ☐ Acute kidney and urinary tract diseases, ☐ Diseases with symptoms of seizures, ☐ Active bacterial and viral infections, ☐ State under the influence of alcohol and drugs. |
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The user of the Cryo Arctic device should thoroughly dry the entire body surface before entering the device. It is forbidden to enter the device if there is sweat on the surface of the body or if, for any other reason, the skin is damp or covered with any oily substances.

Signed _____

Date _____

Time _____

Name _____

Date of Birth _____